

The Yarrow Newsletter

Brought to you by The Yarrow Volunteer Society

September 2024

The Yarrow Newsletter is published 4 times annually (Feb, May, Sept & Dec)

Visit Us Online

yarrowcommunity.com

Yarrow Community Happenings



Photo: B. Chilibeck

Send Feedback/Suggestions to:

Carol Bell 604-823-6324

carolb02@telus.net

Deadline for next issue

November 10, 2024

View past issues at our website.

yarrowcommunity.com



Upcoming Events

Repair Café Sept 21
Harvest Market Oct 12
Harvest Supper Oct 26
Country Xmas Market Nov 30
Tree Lighting Nov 30
Santa Breakfast Dec 7

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Yikes, it's been a busy summer here in Yarrow! And a busy fall is shaping up too. Your humble scribe has scrambled to get this issue out in time to tell you about one of our newest traditions which is being repeated on Saturday September 21st. The first two were so appreciated that Sally will gather the local fixers in the multi-purpose room at Yarrow Community School to meet up with us breakers and our projects.

Repair Café Page 4.

Something new: Advanced polling for the provincial election is scheduled at the community centre on October 15 and 16th. The polls will be open 8am to 8pm. Advance polls give folks an early opportunity to voice their choice. Voters' sign in will be recorded electronically on a secure server for this election so BC residents can vote at any polling station.

Something else new: Yarrow Farm Market will co-host a special market and dinner on Saturday October 12th. Tickets are required for the dinner. **Bouquet Farm Page 6.**

Something else new: Last Sunday Amy Klassen organized our first annual picnic in the park to welcome new residents. What a good idea! She involved the churches, school & businesses to host an old-fashioned meet and greet at Pioneer Park. United Way helped allay costs. Special thanks to Krista Petrie for documenting the day with lots of photos. **Yarrow Welcome Page 7.**

Our annual Harvest Supper is scheduled for Saturday October 26th at the community centre. The kitchen crew thinks it's time for a traditional fall meal this time so we'll be serving up turkey, ham and pumpkin pie. As ever, please do join us in the kitchen for the prep party at 6pm on the Friday evening. Bring your favourite peeler. **Harvest Supper Page 9.**

Heidi is getting started on organizing our Christmas craft market. Do mark your calendars and plan to attend. Yarrow Lights Festival is the evening of that same day. **Yarrow Country Christmas Market Page 8.**

Remember the pedestrian bridge that was going to be built over the Vedder canal? Victor did some sleuthing. **Vedder Pedestrian Bridge Page 14.**

We truly live in an amazing place. Please do attend as many of the events you find inside these pages as you can. Each offers the chance to get to know your neighbours a bit better and that's a bonus for all of us.

Yarrow Volunteer Society - fosters community spirit by organizing Yarrow Days, Christmas Light Festival, Breakfast With Santa, Community Suppers etc. and publishes this swell newsletter
Yarrow Ratepayers Association - built, paid for and operates the Yarrow Community Centre
Chair: Sally Lum 604-823-0257 sallylum@shaw.ca
Vice Chair: Everett Worth 604-823-6017 eneworth@hotmail.com

YARROW COMMUNITY SCHOOL



Facility Rentals - our spaces are available for rent evenings and weekends throughout most of the school year. Please call coordinator Sally Lum at 823-0257 for more information on the following programs or to inquire about facility rentals.

Licensed Childcare Programs - As a temporary measure we have made the difficult decision to close the waitlists for our Group Childcare and Out of School care programs. We will make registration packages available again in June 2025. Sorry for any inconvenience. We hope this will allow us to move through the existing, lengthy waitlist file.

Family Place - Is a free, drop-in program for parents/caregivers and tots that meets in the multi-purpose room Tuesday mornings. Feel free to stop in on a Tuesday and meet some neighbours for a cup of coffee and some playtime for the little ones 9am-10:30am.

Repair Cafe - Saturday September 21st 10am -3pm in the multi-purpose room and courtyard at the school. This is a world-wide program run by community fixers who aim to help the community breakers - to fix household items, save money and divert stuff from the landfill. This will be our 3rd Repair Cafe held here at the school. If you have a small appliance, lawnmower that needs a tuneup or something that needs a look, we might just be what you are looking for! Bring it in and let the volunteers have a look! Call Sally if you would like to volunteer to help or if you want to know what you can bring to the Repair Cafe. Call 604-823-0257 for more info.

Babysitter Course - Friday February 14th 8:30-4:30. \$75 for kids age 11 and up. This Canadian Red Cross course is designed to teach people how to babysit children and infants, building knowledge of safety and responsibility and skills to cope with common emergencies. Registration forms will be available in the early new year. This class fills up quickly so don't wait to get signed up.

Crafts With Cleo (and her friend Jess) - Monday mornings 9:30-10:30am in the multi-purpose room. Registering now for the next session Oct 7 - Dec 9th. Tots 18 months- 4 years. FREE! Call Sally to register for 4 Mondays. Space is limited.

Zumba - Anna is back with her Zumba classes Wednesday evening 6:30 in the multi-purpose room. Come by to check it out.

Adult Beginner Sewing Classes - Mrs. Bergen is going to host a 4 session Beginner Adult Sewing class here at the school. We are exploring the idea of an evening class. 4 sessions starting Thursday evenings 7-8:30pm. This class will introduce new machine sewers to the basics and at the end of the 4 sessions a completed project (or 2). The cost is \$50 and space is limited so please be sure to get right back to sallylum@shaw.ca to get your name down.

Senior Tech Support Sessions - If there is interest we will be trying to put together some Tech Support Sessions geared for seniors. This could include phones, tablets and computers. Please phone Sally at 604-823-0257 if you're interested.



Yarrow Seniors: What's Your Story?

There are so many reasons for you to consider coming to Yarrow Seniors on a Wednesday. Maybe you have a reason NOT to attend. "I don't play games." "I don't have the time." "I don't have anyone to go with me." Well please let me give you some reasons, fresh ones I trust, why you may want to give us a try.

Loss. Perhaps you've lost a dear friend or spouse. Nothing and no one can replace them but some fresh friendships can only help.

Iron, as in Iron Sharpens Iron. We are so much more than "games". In fact, at the beckoning of our own members, many, if not most of us bring our lunch at 12 noon so that we can just sit around and visit.

Need. We probably need you more than you need us! As a result of new members joining us recently: (i) We've purchased a "dedicated" jigsaw puzzle table. (ii) We have someone to consult about down-sizing. (iii) Frequently we have fresh baking galore! AND (iv) We even have a gleaner who is very prone to sharing!

It's true. Those who enjoy playing a game or two definitely have that opportunity as well. Crib. Pool. Scrabble. A wide variety of other games.

So, what's your story? This autumn season, please think about joining us. My own story is that I've been coming to Yarrow Seniors since almost before I was a senior! Very gracious of them to accept me. Now they've become like family. Pretty good story, I think.

See you at: Wednesday Noon, Yarrow Community Hall.
Bev Robson 604-823-7232





A Christ Centred Community

We meet on Sundays at 10am for our Worship Service.
Kids Sunday School and discussion/coffee time follows.
Everyone is welcome.

LOCALS – Youth grade 6-12 on Wednesday nights at 6:30
– contact the office for more details.

Kids Club – Kids grade 2-6 runs every other Wednesday at
6:30 beginning on September 25.

*Families are invited to come for a welcome supper at 5pm
on the 25th before club begins.*

Truth and Reconciliation Gathering – September 29, 11:30-
1 with lunch included.

Dorcas Ruth Quilting – 1st and 3rd Thursday of the month
beginning Oct 3 at 12:30

Please go to our website or call/email the office for more
details on what's happening throughout the week and for
future events.

Office:

Lisa Eby – office@yarrowmb.org
yarrowmbchurch@gmail.com
41995 Yarrow Central Rd
604-823-6622 www.yarrowmb.org

Yarrow Canadian Reformed Church

We would love for you to join us! Worship services
are every Sunday at 10:00am and 2:00pm

www.yarrowchurch.ca
604-490-2125



Services Led by
Pastor Jeremy Segstro

42285 Yarrow Central Road



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Join us in person each Sunday at
10AM or online through
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42479 Yarrow Central Rd.
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*For details about upcoming events,
please check out our Facebook,
Instagram, and website
yarrowalliance.org*

Questions? Contact the office:
42228 Yarrow Central Rd.
Phone: 604-796-2101
e-mail: info@yarrowalliance.org



Adult & Teen Challenge
Come and have chapel with us!

Every Tuesday evening at the
Chilliwack Men's Centre
4166 Eckert Street

Hear dynamic music and a variety of guest speakers every week!

Chapel starts at 6:30pm
Questions? call Mike Lee 6043789745
www.teenchallengebc.com

Yarrow United Mennonite Church

4336 Eckert St

Sunday morning services at 10:30 a.m.

The office is open Tuesday and Thursday mornings.

For an Email connection Contact

Ptr Darnell - dbarkman@yumchurch.com

We are an Anabaptist community loving the world because
Jesus Christ is reconciling all things. Everyone is welcome to
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For more info, visit yumchurch.com.



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OR
SELLING?**



**YOUR YARROW
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Thinking of making a move this Fall? Buying or selling in the Fall has many advantages! Moving companies aren't as busy, buyers are more serious and sellers have less competition, just to name a few. We live and work in Yarrow and with over 60 years of combined Real Estate experience, we can give you expert advice on your next move. Buy or sell in the Fall market and by the time the pumpkin spice craze turns to candy cane concoctions you could be making your move. Call us anytime for all your real estate needs!

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RE/MAX Nyda Realty Inc.
42313 YARROW CENTRAL RD.

If it's Broke, Maybe We Can Fix It

**Saturday September 21
10am-3pm
Multi-purpose room & courtyard
at Yarrow Community School
4594 Wilson Road**

At the April event over 45 items were rejuvenated or outright saved from the landfill. Novel ideas for recycling fabric items were shared. Coffee & snacks were enjoyed. Neighbours got to know each other better.

Lucky us!



**Willing to be a fixer?
Want your treasured item on the list
(so the fixers know what tools to bring)?**

Contact Sally 604-823-0257 sallylum@shaw.ca



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WHY YOU SHOULDN'T WAIT A MINUTE LONGER TO BOOK A MASSAGE

1. Sleep.

Massage is exceptional at lulling the body into an ideal state of rest, so you can get the deeper and more restorative sleep you need.

2. Refresh and rejuvenate your skin.

The friction of massage causes a gentle exfoliation, allowing fresh skin cells to emerge, creating a more youthful and glowing appearance.

3. Recalibrate your nervous system.

As you relax, your nervous system enters into a parasympathetic state thus producing fewer stress hormones. Being in a state of stress negatively affects every system in the body. The deep relaxation from massage will benefit you from head to toe.

4. Musculoskeletal system.

Your muscles are like sponges, when they contract, blood and lymph fluid are squeezed out, and when they relax, fresh blood enters bringing fresh nutrition, oxygen and immune cells. Massage helps move the blood and lymph aiding every muscle group.

5. Improved breathing.

In addition to the diaphragm, there are muscles in your ribs, chest and neck that assist in breathing. With massage, these muscles are able to relax more and allow you to breathe more deeply. Every cell will thrive with a greater oxygen supply.



Meet Dayton MacGregor

From the first time you meet Dayton, you will feel at ease with his professional and personable working style and confident in his ability to represent your best interest throughout the Real Estate transaction.

He is proud to be born and raised here in beautiful Chilliwack with deep roots in the community. Blessed with a healthy son and daughter. Dayton learned from an early age what it means to have a strong work ethic, high morals and core values.

He continually upgrades his education and knowledge. With over a decade in the fast-paced auto industry, working his way through the dealership. Spending years in auto wholesale.

He studied with UBC and completed his Real Estate program with the Sauder School of Business.

Dayton is looking forward to working with you and providing professional service for all your Real Estate needs. Your satisfaction is his success.

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YARROW COUNTRY CHRISTMAS MARKET

Yarrow Community Centre
4670 Community Street, YARROW, B.C.

Saturday, November 30, 2024
10:00 a.m. – 4:00 p.m.

Want to be a vendor?
Focus on handmade items Tables \$45

Information Package and vendor application available on our website
yarrowcommunity.com under the “Community Events” tab

Or contact Heidi yarrowcheer@gmail.com



Harvest Supper

Yarrow Community Centre - 4670 Community Street

Saturday October 26th

5:00—7:00 PM

Roasted Turkey with Sage Dressing
 Smokey Baked Ham with Sweet & Sour Mustard Sauce
 Mashed Potatoes and Gravy
 Cole slaw - Roasted Seasonal Vegetables
 Creamed corn - Cheese Scones
 Homemade Pumpkin Pie with Whipped Cream
 Ginger Pear cupcakes - Jello

Adults \$ 17.00 - Children Under 12 \$5.00 - Tot's Under Five Free

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The BEST MEAL is the One You Don't Have to Cook Yourself!

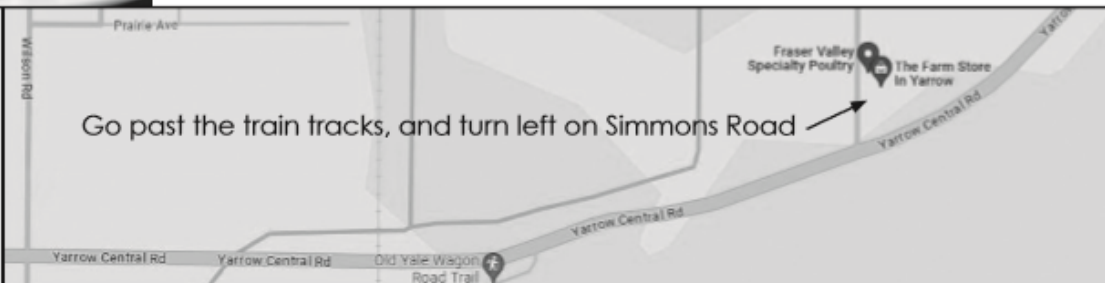
A homemade meal is just around the corner at The Farm Store. Had a hectic day? Don't feel like cooking? We've got dinner covered.

Choose from more than a dozen homecooked meals, made by your friends at The Farm Store. Some you simply reheat and serve, while others can be baked in the oven (grab bread or a salad to round out the meal). It's not takeout or fast food - just hearty homemade meals, made with our local poultry and a whole lotta love.

- Duck Cabbage Rolls
- Duck Shepherd's Pie
- Duck & Stout Pot Pie
- Asian Duck Lettuce Wrap Filling
- Teriyaki Chicken Lettuce Wrap Filling
- Pulled Duck
- Duck Cabbage Roll Soup
- Chicken Noodle Soup
- Duck Chili
- Duck Farmer Sausage Skillet
- Duck Farmer Sausage Soup
- Split Pea and Smoked Duck Breast Soup
- Duck Pasta Sauce

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Biggest Little Plant Sale In The Valley

Gardening season is at its zenith right now. Most of you likely share the mantra "Whaddaya want with tomatoes for supper tonight?"

Us green thumb types will appreciate the bounty in the freezers and canning shelves all winter and are already itching to grow even more next year.

Please do save your seeds and pot up your extras when you tidy the flower beds this fall. We'll be thrilled to share them at the sale on April 12th. What is overtaking your east flowerbed might just be the exact thing others need as signature plants in their west one.

Roasted Cherry Tomatoes

Line air fryer with parchment paper. Cut cherry tomatoes in half and layer 2 or 3 deep. Add some finely chopped garlic, salt, pepper and a good spray of Pam. Air fry at 400F for 15 minutes. Shake the basket and air fry some more until some of the cherry peels darken.

For an ordinary oven, place the tomatoes in one layer on a parchment lined cookie sheet. Roast at 400F This method will need a bit more stirring and watching.

Makes a tasty pizza sauce or spread for crackers or just as a side dish with any meal.



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WHERE IS THE VEDDER PEDESTRIAN BRIDGE?

By Victor Froese

BACKGROUND

Back in 2015 Kinder Morgan (KM) approached the City of Chilliwack to participate in their Community Benefits Program which was intended to recognize the disrupting effects of the pipeline construction and operation. The project would provide benefits to all citizens of Chilliwack. A Memorandum of Understanding (MOU) was sent to the City with an offer of \$800,000.

City staff identified a suitable project as being a new pedestrian bridge to connect the Vedder north and Vedder south trail network “adjacent to, or attached to” the Southern Rail Bridge. Since the projected cost of such a bridge was in excess of the offered amount the Council requested \$1.2 million and that was accepted by KM. In 2019 the City announced that the bridge would be built in 2022 (Chilliwack Progress, Nov.8, 2019; City webpage).

THE PRESENT

The writer serves on the City’s Parks and Trails Advisory Committee (which meets quarterly) in the capacity of Community Representative. I raised the question “Where is the bridge?” in two consecutive meetings but could get no definitive answers, nor whether the promised funds had been received. Subsequently I filed a Freedom of Information (FOI) request to get fact-based answers.

WHAT I FOUND OUT

The City has, indeed, spent considerable funds on pre-design work, geotechnical and archeological analysis of the bridge project and placement. I personally witnessed geotechnical drilling and survey marks in February 2021 somewhat upstream of the rail bridge.

The cost of the currently proposed bridge is several times more than the original estimate (more on this later). Further, the site of the proposed bridge is on Crown Land



that is not owned by the City so needs to be acquired. It turns out that the \$1.2 million from KM was only received on February 23, 2023.

I was dismayed that the City reported no applications had been filled out or forwarded to provincial or federal agencies. It is obvious that a whole array of permits is required to build a project of this magnitude, especially since it crosses an important salmon rearing river. Apparently intergovernmental negotiation can be withheld from FOI inquiries; however, City correspondence implies that they are engaged with multiple agencies. It is now 2024, five years after the project was announced.

Once I had received a copious amount of information through the FOI, I sent an inquiry to Mayor Popove and Councillors: Where is the bridge? Mayor Popove replied in some detail that I had not received in full a picture of the work done to date since some things are not released through FOI requests. His letter outlines that “the project requires multiple agency approvals that could take time to navigate” and that

“staff is working with members of these agencies on an ongoing basis”.

IMPORTANT TAKE-A-WAYS

There are some positive take-a-ways in Mayor Popove’s reply to me. From my FOI request I had discovered that the City’s 2024 Budget had the sum of \$4.75 million in the Vedder Trail Bridge line. The explanation was an “updated cost estimate” in 2023 resulted in the Council adding \$3.55 million towards the project. Together with the \$1.2 million from KM the 2024 budget is \$4.75 million and this will continue to be available for this project. The mayor’s letter stated that this was **“a clear demonstration that this project is of high priority.”**

The letter also agreed that is “important to the City to provide the community a timely update on this project” (letter was dated August 23, 2024). At the time of writing the webpage was not updated but included the press release announcing the bridge in 2022.

Our community must keep asking the question: Where is the bridge?



YARROW LIBRARY

4670 Community Street
604-823-4664

Yarrow Hours

Tuesdays, 9 – 6:00 pm

Wednesdays, 9 – 4 pm

Thursdays, 1 – 8 pm

Saturdays, 10 – 2 pm

Fairy Scavenger Hunt:



September 17-26th

Find all the fairies in the library and get a fanciful sticker!

Storytimes:



Ages 2-6. Wednesdays 10-10:30am

September 18th- December 11th

National Day for Truth and Reconciliation Book Contest:



September 1-29th One winner awarded at each library

October is Library Month!:

Enter to win the game: "Really Loud Librarians" October 1-31

Babytimes: A 6-session event



Ages newborn to 23 months. Wednesdays,
October 2- November 2nd, 2024, 11:00am–11:30am
Registration required on the website.

Harvest Scavenger Hunt:



October 8-17th Find all the pumpkins in the library and get a harvest sticker!

Book Title Storywalk Schedule:

"The Little Ghost Who Lost Her Boo!" Sept/Oct

"There's an Elf in Your Book" Nov/Dec

Customer Appreciation Day!:

Thursday October 24th 1-7pm

Come to the library and get a refreshment and a treat!

Halloween night!:

Thursday October 31st 5-8 pm

Calling all trick or treaters! Come in costume and get a treat!

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